

SUPERIOR FITNESS CHALLENGE

Could WEIGHT LOSS Actually be FUN?

Ask the SUPERIOR FITNESS EXPERTS!

They'll tell you that SUPERIOR FITNESS CHALLENGE isn't just fun, however it changes lives.

SUPERIOR FITNESS CHALLENGERS get hooked on the accountability, social support, and inspiration of the Challenge-so they don't just drop a few quick pounds, they build healthy lifestyles that last.

Ready to Commit, Collaborate & Celebrate?

JOIN THE CHALLENGE - LOSE WEIGHT - WIN & SPLIT THE \$\$\$!

(PAID TO WINNERS WHO LOSE 10% OF THEIR BODY WEIGHT)

What's included in the SUPERIOR FITNESS CHALLENGE:

Health Coach

Weekly Webinars

Accountability Partner

1 Hour Health History Session, One-on- One, with our Health Coach

Nutrition Program

Certified Nutrition and Dietitian

Weekly Prizes

FIT3 D Body Scans

Family Atmosphere

UNLIMITED CLASSES 7 DAYS A WEEK, including HOTWORX Sessions, REAL RYDER SPIN, BOXING, ROWING, STRENGTH TRAINING.

Additional Services & Products:

Anthony's SMART FOODS: Cut Pasta, Dessert Bread, Ravioli's, Bagels, Flour, Protein Powder & Dough Balls.

FLEXWATER

MYZONE

POWER PREP MEAL DELIVIERS

Weekly Super Market Tours

6 Month Program with Health Coach
(once a week, one hour, one-on-one)